

## **COURSE OUTLINE: BARBERING / COSMETOLOGY**

The Barbering-Cosmetology program of instruction consists of 1800 hours, and satisfies the requirement for California State Board licensing for both Barbering and Cosmetology. The program length for the Day Schedule is approximately 52 weeks and the Evening Schedule is approximately 72 weeks. Bellus Academy students are trained using the Bellus Cutting and Color system, which utilizes verbal, written, visual and hands-on instruction throughout the classroom and clinic floor practicum. Along with high-quality technical training students will learn career development skills such as client consultation, business tracking systems, and marketing strategies as well as receiving Financial Literacy training. The following is a list of the state of California requirements for technical and practical criteria. The instructional program of our Academies meets or exceeds these requirements. Graduates of the program are eligible to sit for both the Barbering and Cosmetology licensing exams.

### **COURSE OBJECTIVES:**

1. To successfully prepare the student to pass the exam.
2. To prepare students for entry level employment
3. To develop personality skills as well as mechanical skills suitable for the field of Barbering
4. To develop marketing and sales skills to become a successful Barber.

### **METHODS OF INSTRUCTION SHALL INCLUDE:**

1. Lecture
2. Teaching aids
3. Testing (oral/written)
4. Student participation in practice
5. Video
6. Demonstration
7. Role-Play

### **BARBERING-COSMETOLOGY COURSE OUTLINE:**

Subject	Theory Hours	Minimum Practical Operations
<i>Hair Dressing – 1100 Hours</i>		
Including at minimum		
Hairstyling:	65	240
Includes, but is not limited to: Hair analysis, shampooing, finger waving, pin curling, comb outs, straightening, waving, curling with hot combs and hot curling irons and blower styling		
Permanent Waving and Chemical Straightening:	40	105
Includes, but is not limited to: Hair analysis, acid and alkaline permanent waving, chemical straightening including the use of sodium hydroxide and other base solutions.		
Hair Coloring and Bleaching:	60	50
Includes, but is not limited to: The use of semi-permanent, demi-permanent and temporary colors, hair analysis, predisposition and strand tests, safety precautions, formula mixing, tinting, bleaching, high and low lights, and the use of dye removers.		
Hair Cutting:	20	80
Includes, but is not limited to: Use of scissors, razor, (shaper), electrical clippers/trimmers, and thinning (tapering) shears for wet and dry cutting.		
<i>Shaving – 200 Hours</i>		
Preparation and Performance	100	40
Includes, but is not limited to: Preparing the client's hair for shaving, assessing the condition of the client's skin, performing shaving techniques, applying after-shave antiseptic following facial services, massaging the client's face, rolling cream massages.		
<i>Health and Safety – 200 Hours</i>		
Including at minimum:		
Laws and Regulations:	20	
Includes Barbering & Cosmetology Act/Rules & Regulations		
Health and Safety Considerations:	45	
Includes, but is not limited to: Cosmetology chemistry including the chemical		

composition and purpose of cosmetic, nail, hair and skin care preparations; elementary chemical makeup, chemical skin peels and chemical and physical changes of matter; hazardous substances including training in chemicals and health in establishments, protection from hazardous chemicals and preventing chemical injuries, ergonomics, theory of electricity in cosmetology, bacteriology and preventing communicable diseases, including HIV/AIDS, Hepatitis B, and staph, health and safety laws and agencies, and Material Safety Data Sheets.		
Disinfection and Sanitation:	20	
Includes, but is not limited to: Disinfection and sanitation including proper procedures to protect the health and safety of the consumer as well as the technician; proper disinfection procedures for equipment used in establishments. (Disinfection is emphasized throughout the entire training period and must be performed before use of all instruments and equipment.)		
Anatomy and Physiology:	15	
Includes, but is not limited to: Human anatomy, human physiology.		
<i>Esthetics – 200 Hours</i>		
Including at minimum:		
Manual, Electrical and Chemical Facials:	25	40
Includes, but is not limited to: Manual facials including cleansing, scientific manipulations, packs and masks; electrical facials including the use of electrical modalities, dermal lights and electrical apparatus, for facials and skin care purposes; chemical facials including chemical skin peels, packs, masks and scrubs.		
Eyebrow Beautification and Make-up:	25	30
Includes, but is not limited to: Eyebrow arching and hair removal, including the use of wax, tweezers, electric or manual, and depilatories for the removal of superfluous hair. Make-up shall include but is not limited to: Skin analysis, complete and corrective make-up, lash and brow tinting, and the application of false eyelashes and eyelash extensions.		
<i>Manicuring and Pedicuring – 100</i>		
Including at minimum:		
Manicuring and Pedicuring:	10	25
Includes, but is not limited to: Water and oil manicure, including nail analysis, and hand/foot and arm/ankle massage.		
Artificial Nails and Wraps:	25	120(nails)
Includes, but is not limited to: Artificial nails including acrylic: liquid and powder brush-ons, artificial nail tips and nail wraps and repairs.		
<i>Additional Instruction and Training</i>		
Incorporated throughout the program: Externships (for those who qualify) Spend-A-Day; Business and communications skills, including professional ethics, salesmanship, decorum, client record keeping, basic tax information relating to booth renters, independent contractors, employees, and employers Review, practice and testing.		

**BARBERING-COSMETOLOGY GRADING POLICY:**

The school maintains complete records on each student or graduate for reference as required by the State. All students receive a complete theory and practical test (Mock Board) after approximately 75% of the program has been completed. It simulates actual Program's procedure and constitutes a final exam. Individual tutoring, if needed, is available in preparation for the state exam. Each student is graded on their theory and practical work, attendance, appearance, and attitude. The grading used is as follows:

93 – 100	EXCELLENT
85 – 92	VERY GOOD
75 – 84	SATISFACTORY
74 and BELOW	UNSATISFACTORY

Written progress reports are maintained by the Academy. Students receive progress reports that must be signed and kept in their file at least two (2) times during their program. Informal progress reports are distributed monthly so students can keep track of their

progress. Additional progress reports may be issued to students as requested or on an as needed basis determined by the instructor.

***OCCUPATIONAL TITLES:***

Employment opportunities for Barbers include Barber, Stylist, Master Barber and Barber Shop Operator. Cosmetologists entering the job market can be employed as assistants or stylists. Cosmetologists may also enter the employment field as a makeup artist, manicurist, facialist, hair color technician, ethnic styles specialist or haircutter.

***CLASS AVAILABILITY:***

Classes are conducted, in residency, Monday through Friday from 9:00 am to 4:30 pm for day students and Monday through Friday from 5:00 pm to 10:00 pm for night students. New class starts are scheduled monthly.

***REQUIRED TEXTS:***

Pivot Point LAB for Cosmetology + Barbering and workbook, included in the kit cost.

**LANGUAGE**

The course is conducted in the English language.