# **COURSE OUTLINE: COSMETOLOGY**

The Cosmetology course of instruction consists of 1600 hours, the requirement for California State Board licensing. The program length for the Day Schedule is 46 weeks and the Evening Schedule is 64 weeks. Bellus Academy students are trained using the Bellus Cut and Color system, which utilizes verbal, written, visual and hands-on instruction throughout the classroom and clinic floor practicum. Along with high-quality technical training students will learn career development skills such as client consultation, business tracking systems, and marketing strategies as well as receiving Financial Literacy training. The following is a list of the state of California requirements for technical and practical criteria. The instructional program of our Academies meets or exceeds these requirements.

### **COURSE OBJECTIVES:**

- 1. To successfully prepare the student to pass the exam.
- 2. To prepare students for entry level employment
- 3. To develop personality skills as well as mechanical skills suitable for the field of Cosmetology
- 4. To develop marketing and sales skills to become a successful Cosmetologist.

### **METHODS OF INSTRUCTION SHALL INCLUDE:**

- Lecture
   Teaching aids
   Testing (oral/written)
   Video
   Demonstration
   Role-Play
- 4. Student participation in practice

#### **COSMETOLOGY COURSE OUTLINE:**

Subject	Theory Hours	Minimum Practical Operations
Hair Dressing – 1100 Hours		'
Including at minimum:		
Hairstyling:	65	240
Includes, but is not limited to: Hair analysis, shampooing, finger waving,		
pin curling, comb outs, straightening, waving, curling with hot combs and		
hot curling irons and blower styling		
Permanent Waving and Chemical Straightening:	40	105
Includes, but is not limited to: Hair analysis, acid and alkaline permanent		
waving, chemical straightening including the use of sodium hydroxide and		
other base solutions.		
Hair Coloring and Bleaching:	60	50
Includes, but is not limited to: The use of semi-permanent, demi-permanent		
and temporary colors, hair analysis, predisposition and strand tests,		
safety precautions, formula mixing, tinting, bleaching, high and low lights,		
and the use of dye removers.		
Hair Cutting:	20	80
Includes, but is not limited to: Use of scissors, razor, (shaper), electrical		
clippers/trimmers, and thinning (tapering) shears for wet and dry cutting.		
Health and Safety – 200 Hours		
Including at minimum:		
Laws and Regulations:		
Includes Barbering & Cosmetology Act/Rules & Regulations	20	
Health and Safety Considerations:	45	
Includes, but is not limited to: Cosmetology chemistry including the chemical		
composition and purpose of cosmetic, nail, hair and skin care preparations;		
elementary chemical makeup, chemical skin peels and chemical and physica	ll	

changes of matter; hazardous substances including training in chemicals and health in establishments, protection from hazardous chemicals and preventing chemical injuries, ergonomics, theory of electricity in cosmetology bacteriology, communicable diseases, including HIV/AIDS, Hepatitis B, and staph and Material Safety Data Sheets.  Disinfection and Sanitation: Includes, but is not limited to: Disinfection and sanitation including proper procedures to protect the health and safety of the consumer as well as the technician; proper disinfection procedures for equipment used in establishments. (Disinfection is emphasized throughout the entire training period and must be performed before use of all instruments and equipment.)	20	
Anatomy and Physiology:	15	
Includes, but is not limited to: Human anatomy, human physiology.  Esthetics – 200 Hours		
Including at minimum:		
Manual, Electrical and Chemical Facials:	25	40
Includes, but is not limited to: Manual facials including cleansing, scientific		
manipulations, packs and masks; electrical facials including the use of		
electrical modalities, dermal lights and electrical apparatus, for facials and		
skin care purposes; chemical facials including chemical skin peels, packs, masks and scrubs.		
Eyebrow Beautification and Make-up:	25	30
Includes, but is not limited to: Eyebrow arching and hair removal,	23	30
including the use of wax, tweezers, electric or manual, and depilatories		
for the removal of superfluous hair. Make-up shall include but is not		
limited to: Skin analysis, complete and corrective make-up, lash and		
brow tinting, and the application of false eyelashes and eyelash extensions.		
Manicuring and Pedicuring – 100		
Including at minimum:		
Manicuring and Pedicuring:	10	25
Includes, but is not limited to: Water and oil manicure, including nail		
analysis, and hand/foot and arm/ankle massage.	0.5	400 ( " )
Artificial Nails and Wraps:	25	120 (nails)
Includes, but is not limited to: Artificial nails including acrylic: liquid and powder brush-ons, artificial nail tips and nail wraps and repairs.		
Additional Instruction and Training		
Incorporated throughout the program includes: Business and communications		
skills, including professional ethics, salesmanship, decorum, record keeping		
and client service records; Review, practice and testing		

#### **COSMETOLOGY GRADING POLICY:**

The school maintains complete records on each student or graduate for reference as required by the State. All students receive a complete theory and practical test (Mock Board) after approximately 1200 hours. It simulates actual Program's procedure and constitutes a final exam. Individual tutoring, if needed, is available in preparation for the state exam. Each student is graded on their theory and practical work, attendance, appearance, and attitude. The grading used is as follows:

93 – 100	EXCELLENT
85 – 92	VERY GOOD
75 – 84	SATISFACTORY
74 and RELOW	UNSATISFACTORY

Written progress reports are maintained by the Academy. Students receive progress reports that must be signed and kept in their file at least two (2) times during their program. Informal progress reports are distributed monthly so students can keep track of their progress. Additional progress reports may be issued to students as requested or on an as needed basis determined by the instructor.

## **OCCUPATIONAL TITLES:**

Cosmetologists entering the job market can be employed as assistants or stylists. Cosmetologists may also enter the employment field as a makeup artist, manicurist, facialist, hair color technician, ethnic styles specialist or haircutter.

### CLASS AVAILABILITY:

Classes are conducted, in residency, Monday through Friday from 9:00 am to 4:30 pm for day students and Monday through Friday from 5:00 pm to 10:00 pm for night students. New class starts are scheduled monthly.

### **REQUIRED TEXTS:**

Pivot Point LAB for Cosmetology and Workbook, included in the kit cost.

## **LANGUAGE**

The course is conducted in the English language.