

ESTHETICS AND/OR ESTHETICIAN COURSE OUTLINE

The Esthetics and/or Esthetician course of instruction consists of 600 hours of classroom and clinic area experience required for California State Board licensing. Along with high-quality technical training students will learn career development skills such as client consultation, business tracking systems, and marketing strategies as well as receiving Financial Literacy training. The following is a list of the state of California requirements for technical and practical criteria. Our curriculum meets or exceeds the minimum standards.

COURSE OBJECTIVES:

1. To successfully prepare the student to pass the exam.
2. To prepare students for entry level employment
3. To develop personality skills as well as mechanical skills suitable for the field of skin care
4. To develop marketing and sales skills to become a successful skin care professional.

METHODS OF INSTRUCTION SHALL INCLUDE:

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| 1. Lecture | 5. Video |
| 2. Teaching aids | 6. Demonstration |
| 3. Testing (oral/written) | 7. Role-Play |
| 4. Student participation in practice | |

UNITS OF STUDY:

	Theory Hours	Minimum Practical Operations
Subject		
<i>Facials – 350 Hours</i>		
Manual, Electrical and Chemical Facials	70	140
Includes, but is not limited to: Manual facials including cleansing, scientific manipulations, packs, and masks; Electrical facials Including the use of electrical modalities, dermal lights and electrical apparatus, for facials and skin care purposes, including microdermabrasion; Chemical facials including chemical skin peels, packs, masks and scrubs.		
Preparation	15	
Includes, but is not limited to: Client consultation, intake procedures, contraindications, professionalism, client record keeping, pre- and post-operative care, CPR/AED theory, salon and spa skills.		
<i>Health and Safety – 200 Hours</i>		
Laws and Regulations	10	
Includes, but is not limited to Barbering and Cosmetology Act and the Board's Rules and Regulations.		
Health and Safety Considerations	40	
Includes, but is not limited to: Training in chemicals and health in establishments, material safety data sheets, protection from hazardous chemicals and preventing chemical injuries, health and safety laws and agencies, communicable diseases including HIV/AIDS and Hepatitis B; chemical composition and purpose of cosmetic and skin care preparations; elementary chemical makeup, chemical skin peels, physical and chemical changes of matter; electrical current, principles of operating electrical devices and the various safety precautions used when operating electrical equipment.		
Disinfection and Sanitation	10	
Includes, but is not limited to: Procedures to protect the health and safety of the consumer as well as the technician; proper disinfection procedures. disinfection shall be emphasized throughout the entire training period and must be performed before use of all instruments and equipment.		
Anatomy and Physiology	15	
Includes, but is not limited to: Human anatomy, human physiology,		

bacteriology, skin analysis and conditions.

Hair Removal and Make-up – 50 Hours

Eyebrow Beautification	25	50
Includes, but is not limited to: Eyebrow shaping and hair removal techniques, hair analysis, waxing, tweezing, manual or electrical depilatories.		
Make-up	20	40
Includes, but is not limited to: Skin analysis, basic and corrective application, application of false eyelashes.		

Additional Instruction and Training

Incorporated throughout the program includes: Business and communications skills, including professional ethics, salesmanship, decorum, record keeping and client service records; Review, practice and testing

GRADING POLICY:

The school maintains complete records on each student or graduate for reference as required by the State. All students receive a complete theory and practical test (Mock Board) after approximately 550 hours. It simulates actual Program's procedure and constitutes a final exam. Individual tutoring, if needed, is available in preparation for the state exam. Each student is graded on their theory and practical work, attendance, appearance, and attitude. The grading used is as follows:

93 – 100	EXCELLENT
85 – 92	VERY GOOD
75 – 84	SATISFACTORY
74 and BELOW	UNSATISFACTORY

Written progress reports are maintained by the Academy. Students receive progress reports that must be signed and kept in their file at least two (2) times during their program. Informal progress reports are distributed monthly so students can keep track of their progress. Additional progress reports may be issued to students as requested or on an as needed basis determined by the instructor.

OCCUPATIONAL TITLES

Graduates will enter the field as estheticians, sometimes known as facialists or skin care technicians.

CLASS AVAILABILITY

Classes are conducted, in residency, Monday through Friday from 9:00 am to 3:30 pm for day students and Monday through Friday from 5:00 pm to 10:00 pm for night students. New class starts are scheduled monthly.

REQUIRED TEXTS

Milady Standard Esthetics Fundamentals, 10th edition, and Workbook, published by Cengage Learning; ISBN-13: 978-1-4283-1892-2; included in the kit cost.

LANGUAGE

The course is conducted in the English language.