# COURSE OUTLINE: SPA NAIL TECHNICIAN

The Spa Nail Technician program is a 600-hour program combining the basic fundamentals of nail care required by the 400-hour state mandated course and an additional 200 hours of intensive studies in spa treatments that provides the students with the confidence and expertise they need to perform spa services. The program length for the Day Schedule is 20 weeks and the Evening Schedule is 24 weeks. Emphasis is placed on the ultimate client experience in a spa environment and qualities that top spas in the area seek when employing graduates. Along with high-quality technical training students will learn career development skills such as client consultation, business tracking systems, and marketing strategies as well as receiving Financial Literacy training. The following requirements must be met during the course of study.

### **COURSE OBJECTIVES:**

- 1. To successfully prepare the student to pass the exam.
- 2. To prepare students for entry level employment
- 3. To develop personality skills as well as mechanical skills suitable for the field of skin care.
- To develop marketing and sales skills to become a successful skin care professional.

#### **METHODS OF INSTRUCTION SHALL INCLUDE:**

Lecture
Teaching aids
Testing (oral/written)
Video
Demonstration
Role-Play

4. Student participation in practice 8. Online Theory using hardware and software to access online content

Distance education activities (asynchronous and synchronous) include PowerPoints, Activities/Exercises, Videos, Quizzing/Pre-Assessments, Flashcards, Digital Portfolio, and Glossary of terms. Some live, in real-time synchronous lectures are provided through ZOOM as a video-conferencing tool with chat and webcam access to verify interaction between students and instructors.

# **UNITS OF STUDY:**

Subject	Distance Education Hours	In Residence Education Hours
Nail Care – 300 Hours	225	75
Including at minimum:		
Manicures and Pedicures:		
Includes, but is not limited to: Water and oil manicures including hand and arm massage, complete pedicure including foot and ankle massage, application of artificial nails including liquid, gel, and powder brush-ons, nail tips, nail wraps, and repairs, and nail analysis		
Health and Safety – 100 Hours	75	25
Including at minimum:		
Laws and Regulations:		
Includes Barbering & Cosmetology Act/Rules & Regulations		

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Health and Safety Considerations:

Includes, but is not limited to: Chemistry pertaining to the practices of a manicurist including the chemical composition and purpose of nail care preparations. Health and Safety/Hazardous Substances, including training in chemicals and health in establishments, material safety data sheets, protection from hazardous chemicals and preventing chemical injuries, health and safety laws and agencies, ergonomics, and communicable diseases, including HIV/AIDS and Hepatitis B

Disinfection and Sanitation:

Includes, but is not limited to: Procedures to protect the health and safety of the consumer as well as the technician. The ten required minimum operations shall entail performing all necessary functions for disinfecting instruments and equipment. Disinfection shall be emphasized throughout the entire training period and must be performed before use of all instruments and equipment, with special attention given to pedicure foot spa and basin disinfection procedures.

Subject	Distance Education Hours	In Residence Education Hours
Bacteriology, Anatomy and Physiology:		
Includes, but is not limited to: Bacteriology, anatomy, physiology, and nail analysis and conditions.		
Additional Instruction and Training – 200 Hours	150	50
Includes, but is not limited to: Spa treatment studies, business and communications skills, including professional ethics, salesmanship, decorum, record keeping and client service records; Review, practice and testing		
testing		
PROGRAM TOTAL 600 hours	450	150

### **GRADING POLICY:**

Bellus Academy's course provides education and training in the areas associated with skills needed to graduate that are measured by course objectives. The academy offers theory instruction in both an asynchronous (progress is virtually tracked and monitored by an instructor that engages with the student on an individual basis) and synchronous (students and instructors interact with specified start and end times) distance education formats using electronic media. These delivery methods via distance education provide the same training as in a residential format. The school maintains complete records on each student or graduate for reference as required by the State. All students receive a complete theory and practical test (Mock Board) after approximately 75% of program completion. It simulates actual program procedures and constitutes a final exam. Individual tutoring, if needed, is available in preparation for the state exam. Grading to evaluate learning objectives via distance education theory is primarily through tests. Each student is graded on their theory and practical work, attendance, appearance, and attitude. The grading used is as follows:

93 – 100	EXCELLENT
85 – 92	VERY GOOD
75 – 84	SATISFACTORY
74 and BELOW	UNSATISFACTORY

Written progress reports are maintained by the academy. Students receive progress reports that must be signed and kept in their file at least two (2) times during their program that provide feedback on learning course objectives, and include participation in asynchronous and synchronous distance education, as applicable to the student. Informal progress reports are available on the Bellus App so students can keep track of their progress. Additional progress reports may be issued to students as requested or on an as needed basis determined by the instructor.

## **OCCUPATIONAL TITLES:**

Licensed graduates enter the employment field as manicurists, pedicurists, nail technicians, or nail artists.

#### **CLASS AVAILABILITY:**

Classes are conducted, in an online format and in residency, Monday through Friday from 9:00 am to 3:30 pm for day students and Monday through Friday from 5:00 pm to 10:00 pm for night students. New class starts are scheduled monthly. Coursework that is delivered through distance education is completed at a location determined by the student.

### **REQUIRED TEXTS:**

Milady Standard Nail Technology, published by Milady/Cengage, ISBN 13: 978-1-4354-9768-9; and other written materials; Hardware and software to access MindTap Cengage Milady Standard Nail Technology online platform; included in the kit cost.

#### LANGUAGE:

The course is conducted in the English language.