JOB ANALYSIS: MANICURING

GENERAL JOB INFORMATION

1. Job Tasks

Performs all services relative to the care and enhancement of the hands and feet, i.e., manicuring and pedicuring, artificial nail building, nail wraps, nail tips, gels and fiberglass nail application.

2. Work Devices (Machines, tools, equipment, including chemicals).

Manicuring and pedicuring implements, stools, tables, pedicure bowls, manicure heaters/bowls, lotions, cuticle removers, artificial nail liquids, primers, nail glue, fiberglass materials, nail gel materials.

3. Health and Safety

Various intensities of odor levels in artificial nail chemicals.

PHYSICAL DEMANDS

FREQUENCY KEY

| Constantly | (C) | 67% - 100% of daily schedule |
|--------------|------|-----------------------------------|
| Frequently | (F) | 33% - 67% of daily schedule |
| Occasionally | (O) | < 33% of schedule |
| Seldom | (S) | occurs less than 1x/day |
| Not Present | (NP) | activity or condition d/not exist |

1. General Body Movements

STANDING: Frequency = (S)

Surface = Tiled floor

Activity = All nail services.

WALKING: Frequency = (S)

Surface = Tiled floor

Activity = From work station to gather supplies, fill pedicure tubs, maintain area.

SITTING: Frequency = (C)

Chair type = Manicure stools

Activity = All services performed involving manicuring and pedicuring.

BENDING: Frequency = (F)

Activity = Pedicuring, gathering supplies from cupboards.

CROUCHING/SQUATTING = (F)

Activity = Pedicuring

 KNEELING
 =
 (O)

 CRAWLING
 =
 (NP)

 CLIMBING
 =
 (S)

 BALANCING
 =
 (O)

2. Upper Body Movements

NECK FLEXION/EXTENSION

Frequency = (F

Activity = Filing, nipping, buffing, application of artificial nails.

ROTATION/LATERAL TILT

Frequency = (F)

Activity = Adjusting equipment, filing, nipping, application of

nail product.

REACHING

Frequency = (O)

Activity = Gathering towels and supplies.

WRIST FLEXION/EXTENSIÓN

Frequency = (F)

Activity = Polish application; nail applications.

HANDLING

Frequencv = (F)

Activity = Smoothing/applying product.

GROSS MANIPULATION

Frequency = (F)

Activity = Massage.

SIMPLE GRASPING/

FIRM GRASPING

Frequency = (F

Activity = Grasping tools and implements; moving/adjusting

stools, massage movements.

WRIST ROTATION

Frequency = (F)

Activity = Massage.

FINGERING

Frequency = (C)

Activity = Polish application, artificial nail application,

application of cuticle remover, nail glue, primers, nail

wrapping materials.

TWISTING

Frequency = (F)

3. <u>Lifting/Carrying/Pushing/Pulling</u>

LIFTING/LOWERING

Frequency = (F

Activity = Products and supplies not weighing in excess of 15

lbs.; pedicure tubs.

CARRYING

Frequency = (F

Activity = Products, towels, tools, etc.

PUSHING/PULLING

Frequency = (F)

4. Coordination (eye, hand, foot)

Frequency = (F)

Activity = Application of nail products, use of pusher and

nippers.

5. $\underline{\text{Driving}}$ = (NP)

6. Communication/Sensory Input

VISION Frequency = (F)

Activity = Nail product application, determining/assessing nail

disorders/diseases.

HEARING Frequency = (F)

Activity = Client consultation.

TALKING Frequency = (F)

Activity = Giving instructions, communication/interaction with

clients.