ESTHETICS NAIL TECHNOLOGY

Method of Delivery: Residential

SOC CODE 39-5094 This is a course of study in the services, theories, and principles of Esthetics and Manicuring that satisfies the requirements for Kansas State Board licensing for both Esthetics and Nail Technology. The minimum length of the course is 1350 clock hours. The program length for the Day Schedule is 39 weeks and 54 weeks for the Night Schedule. Bellus Academy Esthetics Nail Technology students are trained using the Bellus Academy System of Education, which utilizes verbal, written, visual and hands-on instruction throughout the classroom and clinic floor settings. Along with high-quality technical training students will learn career development skills such as client consultation, business tracking systems, and marketing strategies as well as receiving Financial Literacy training. Graduates of this program are eligible to sit for both the Esthetics and the Nail Technology licenses, giving them an additional level of skill sets on which to build their businesses. Listed below are units of study requirements for Kansas technical and practical criteria. Our curriculum meets or exceeds the minimum standards.

COURSE OBJECTIVES*:*

1. To successfully prepare the student to pass the exam.
2. To prepare students for entry level employment
3. To develop personality skills as well as mechanical skills suitable for the field of Esthetics and Manicurist.
4. To develop marketing and sales skills to become a successful professional.

Subject:	Minimum Theory Hours	Minimum Practice Hours	Minimum Procedures
(1) Infection Control – 60 Hours (a) Public Health (Sanitation, disinfection, sterilization) (b) Universal Precautions (Cross contamination, and blood borne pathogens)	10	50	
(2) Skin Anatomy and Physiology – 200 Hours (a) Structure and Function of the body System and Nerves (b) Dermatology (c) Cosmetic Chemistry (d) Pharmacology (e) Nutrition	200		
(3) Skin Analysis and Consultation – 120 Hours (a) Skin types and conditions (b) Contraindications and safety measures (c) Health screening (d) Consultation, post consultation and home care (e) Skin Analysis Equipment	80	40	
(4) Skin Treatments (including 80 facials)– 240 Hours (a) Cleansing techniques (b) Exfoliation--Mechanical & Chemical (enzymes, hydroaphroxy) (c) Extraction--Without lancet (d) Conditioning (e) Masque therapy (f) Protection (g) Massage (h) Basic facial equipment and safety--Steamer, brush machine.	120	120	80
(5) Body Treatments (including 10 body treatments) – 40 Hours (a) Back and chest (b) Body wrap (c) Body exfoliation (d) Hydrotherapy (theory only)	20	20	10
(6) Advanced Skin Treatments (including 45 advanced skin treatments) – 140 Hours (a) Advanced exfoliation	80	60	45

(b) Extractions using a lancet
(c) Microdermabrasion
(d) LED
(e) Chemical exfoliation--Gessner's and AHA's
(f) Microcurrent and other electrical treatments
(g) Equipment for advanced skin treatments--
Microdermabrasion, microcurrent,
LED, mechanical

(7) Temporary Hair Removal – 40 Hours	10	30	50
(a) Tweezing			
(b) Waxing			
(c) Depilatories			
(d) Sugaring			
(e) Threading			
(f) Contraindications and safety			
(8) Make-up (including 25 make-up practices) – 60 Hours	20	40	25
(a) Purpose and effects			
(b) Eyebrow and eyelash services			
(c) Corrective			
(d) Camouflage			
(9) Business Practices – 30 Hours	30		
(a) Business planning			
(b) Client records			
(10) State Law – 20 Hours	20		
(11) Student Specific Needs – 50 Hours	50		
(a) Additional training			

Total Hours – 1000

MANICURING UNITS OF STUDY:

Subject:	**Minimum Theory and Practice Hours**
(1) Scientific Concepts – 60 Hours	60
(a) Sanitation	
(b) Chemistry--General Concepts, Product Composition, Chemical Safety/OSHA Regulations	
(c) Nails--Structure and Composition, Growth and Regeneration, Irregularities, Diseases	
(d) Skin--Structure and Functions, Growth and Regeneration, Disorders	
(e) Muscles, Nerves, and Blood--Structure, Function	
(2) Manicuring Skills – 75 Hours	75
(a) Purpose and Effect	
(b) Preparations	
(c) Equipment and Implements--Purpose and Effects, Types	
(d) Supplies and Products--Purpose and Effects, Types	
(e) Procedures--Basic Manicure (minimum practice 25), Reconditioning Treatments, Repair Techniques, Hand and Arm Massage, Application of Polish, Pedicures (minimum practice 10)	
(f) Special Problems and Procedures	
(g) Sanitation and Safety Precautions	
(3) Artificial Nails – 160 Hours	160
(a) Purpose and Effects	
(b) Preparation	
(c) Equipment and implements.	
(d) Supplies and Products	
(e) Procedures--Sculpturing (minimum practice 100 nails), Gels, Tipping (minimum practice100 nails), Wrapping (minimum practi 100 nails), Repair Techniques	
(f) Sanitation and Safety Precautions	

*(4) Business Practices – 35 Hours*35	35
(a) Management Practices	
(b) Salon Development	
(c) Insurance	
(d) Client Records	
(e) Salesmanship	
(5) State Law – 20 Hours	20
(a) Rules and Regulations	
Total Hours – 350	

CLASS AVAILABILITY

Classes are conducted, in an online format and in residency, Monday through Friday from 9:00 am to 4:30 pm for day students and Monday throughFriday from 5:30 pm to 10:30 pm for night students. Coursework that is delivered through distance education is completed at a location determined by the student. Please see the Class Start Calendar in the Catalog for Start dates.

INSTRUCTIONAL MATERIAL *is updated periodically and includes textbooks and equipment required for successful completion of the program.*

When the kit, its contents, and the textbooks have been issued to the student, they become the financial and personal responsibility of that student. Kit supplies may vary due to manufacturer availability.

Note: The academy provides sufficient supplies and informational material to each student to reinforce their learning. Such materials are issued based on instructional subject areas