ESTHETICS

Method of Delivery: Residential

SOC Code 39-5094 This is a program of study in the services, theories and principles of Esthetics. The minimum length of the program is 1000 clock hours. The program length for the Day Schedule is 29 weeks and the Evening Schedule is 40 weeks. Bellus Academy esthetic students are trained using the Bellus Academy System of education, which utilizes verbal, written, visual and hands-on instruction throughout the classroom and clinic floor practicum. Along with high-quality technical training students will learn career development skills such as client consultation, business tracking systems and marketing strategies, as well as receiving Financial Literacy training. Listed below are units of study requirements for Kansas technical and practical criteria. Our curriculum meets or exceeds the minimum standards.

Course Objectives:

Upon completion of the 1000-hour program, the student will have had the opportunity to acquire the technical abilities and the academic theories in compliance with the requirements of the Kansas Board of Cosmetology. The skills and theories of each service are presented in a progressive manner permitting each student to acquire the maximum degree of technical ability and knowledge in a minimal length of time.

Units of Study:

The following units of study are established in our esthetics program. Listed below the topics are the subject descriptions that incorporate all areas required by the State Board of Cosmetology for licensure. Following the subject description section is a list of items/ areas covered in each subject. An esthetics student shall not work on the public until the student has completed 130 hours of training.

Residential Delivery

Esthetics – 1000 Hours Subject:	Minimum Theory Hours	Minimum Practice Hours	Minimum Procedures
(1) Infection Control – 60 Hours	10	50	
(a) Public Health (Sanitation, Disinfection, Sterilization)			
(b) Universal Precautions (Cross contamination, and blood borne pathogens)			
(2) Skin Anatomy and Physiology – 200 Hours	200		
(a) Structure and Function of the body System and Nerves			
(b) Dermatology			
(c) Cosmetic Chemistry			
(d) Pharmacology			
(e) Nutrition			
(3) Skin Analysis and Consultation – 120 Hours	80	40	
(a) Skin types and conditions			
(b) Contraindications and safety measures			
(c) Health screening			
(d) Consultation, post consultation and home care			
(e) Skin Analysis Equipment			
(4) Skin Treatments– 240 Hours	120	120	80 facials
(a) Cleansing techniques			
(b) Exfoliation--Mechanical & Chemical (enzymes, hydro-aphroxy)			
(c) Extraction--Without lancet			
(d) Conditioning			
(e) Masque therapy			
(f) Protection			
(g) Massage			
(h) Basic facial equipment and safety--Steamer, brush machine			
(5) Body Treatments – 40 Hours	20	20	10
(a) Back and chest			
(b) Body wrap			
(c) Body exfoliation			
(d) Hydrotherapy (theory only)			
(6) Advanced Skin Treatments – 140 Hours	80	60	45
(a) Advanced exfoliation			
(b) Extractions using a lancet			
(c) Microdermabrasion			
(d) LED			
(e) Chemical exfoliation--Gessner's and AHA's			
(f) Microcurrent and other electrical treatments			
(g) Equipment for advanced skin treatments--Microdermabrasion,			

microcurrent, LED, mechanical			
(7) Temporary Hair Removal – 40 Hours	10	30	40 facial waxes 10 body waxes
(a) Tweezing			
(b) Waxing			
(c) Depilatories			
(d) Sugaring			
(e) Threading			
(f) Contraindications and safety			
(8) Makeup – 60 Hours	20	40	25
(a) Purpose and effects			
(b) Eyebrow and eyelash services			
(c) Corrective			
(d) Camouflage			
(9) Business Practices – 30 Hours	30		
(a) Business planning			
(b) Client records			
(10) State Law – 20 Hours	20		
(11) Student Specific Needs – 50 Hours	50		
(a) Additional training			

Total Hours – 1000

CLASS AVAILABILITY

Classes are conducted, in an online format and in residency, Monday through Friday from 9:00 am to 4:30 pm for day students and Monday through Friday from 5:30 pm to 10:30 pm for night students. Coursework that is delivered through distance education is completed at a location determined by the student. Please see the Class Start Calendar in the Catalog for Start dates.

INSTRUCTIONAL MATERIAL *is updated periodically and includes textbooks and equipment required for successful completion of the program.*

When the kit, its contents, and the textbooks have been issued to the student, they become the financial and personal responsibility of that student. Kit supplies may vary due to manufacturer availability.

Note: The academy provides sufficient supplies and informational material to each student to reinforce their learning. Such materials are issued based on instructional subject areas.